



# FIELD NOTES FROM THE FARM JANUARY 2023

Volunteers don't get paid, Not because they are worthless, But because they are priceless. Lisa Rader

## WELCOME 2023!

WOW! Another year is in the books! A new year is ahead, awaiting the changes it will bring. With Phase I complete, we are looking forward to the beginning of Phase II which will bring with it advancements, including affordable housing. There are lots of things that need to fall into place before the cottages will start taking shape, but they are finally coming into sight! Last month we looked at all the amazing things that were accomplished in 2022. Looks like 2023 will bring even more exciting things. We've come a long way, but there's still so much more to do!

We could never have come this far without all our faithful volunteers and donors - you're the BEST!

This newsletter is later than usual because of our desire to include information from our Annual Business Meeting, but before we get to that, we want to tell you about another Challenging Conversations Series starting on January 25th.

## **BECOMING MORTAL** CHALLENGING THE NARRATIVE ABOUT AGING

"We are going to age, but how we age, that's our choice." (Dami Roelse)

Starting on January 25th from 1:00 to 2:30, there will be another Challenging Conversation For some people, Discussion. even phrase older adult conjures up negative images of physical and cognitive impairment. But ageist

stereotypes, such as older people being out of touch. do not reflect the typical experiences of older adults. "Becoming Mortal" conversations



about the various aspects of aging will be the focus of Inn Along the Way's Winter 2023 Conversations Challenging Series. These conversations will take place at Inn Along the Way each Wednesday through February 15th. If you are interested, please contact Jody at jodyniniita@gmail.com.

#### NEWS FROM THE ANNUAL BUSINESS MEETING

These are just some highlights from the meeting. More information to come in future editions of this newsletter.

#### FINANCE COMMITTEE

Jim Hush joined the IAW team in July and expressed his thanks to everyone he has been working with. He also is thankful that IAW has been very prudent with their finances — with no current liabilities or debt! His focus will be on: Developing an annual budget; Monitoring expenses and income; Identifying long range goals and strategies; and incorporating financial best practices.

#### CAPITAL INITIATIVE

Jim also reported that we are just in the beginning stages of planning for a capital campaign. More to come...stay tuned!!

#### **VOLUNTEERS**

Jan John and Cindi Hasty put together a list of opportunities for anyone interested in helping: Endowment, IT, Capital Investment, Hospitality, Farmhouse Cleaning, Garden, Event Planning, Barn Sale and Donations, Property Maintenance, Lunch-with-the-Bunch, Communications/Writing, Marketing and Carpentry.

So, if any of these activities speak to you – or if you'd like to explore other activities, please contact <u>Jan John</u> or <u>Cindi Hasty</u> and they will be happy to give you more information and/or set up a time to meet together to discuss openings.

#### **GARDEN COMMITTEE**

Sharon Abair reported that the garden this past year was a 'survivor!' The weather just didn't want to cooperate, but progress was made in spite of the weather setbacks.

### **BARN SALE**

Tracy Verney reported on the barn sales. She also took the initiative to find alternate sales opportunities and donation sites. Teachers were especially excited to know that any school items were available for free to them!

#### ART

Also at the meeting, Danielle Filosa voiced her desire to poll the community about what they would like to see for art opportunities. There are hard copies at the inn and an electronic link here: <a href="https://forms.gle/SUniznD7XRMstqkY6">https://forms.gle/SUniznD7XRMstqkY6</a>
You can drop off the completed form at the farm or email it to <a href="info@innalongtheway.org">info@innalongtheway.org</a>.

2023 is shaping up to be a VERY busy year!!

Here's what's happening at IAW in January and February:

- ♦ Wednesdays from 11:30 AM to 1:00 PM LUNCHES WITH THE BUNCHES
- Wednesdays, January 25<sup>th</sup> to February 15<sup>th</sup> from 1 PM to 2:30 PM BECOMING MORTAL

We encourage you to check our website for dates and times of activities at Inn Along the Way. Go to: <a href="www.innalongtheway.org/">www.innalongtheway.org/</a>, then click on "UPDATES," then select "Calendar."

As always, everyone is invited to join in and participate in any or all of the activities here!

#### **WAYS OF GIVING**

If you would like to make a financial donation, there are numerous ways to accomplish that. All gifts – large and small – make a difference. For more information, go to:

www.innalongtheway.org/contribute

We are continuing to host grief and caregivers support groups. For more information or to sign up, call Sherry, at 207-751-6261, or contact us at info@innalongtheway.org.

For more information please check out our website: <a href="https://www.innalongtheway.org">www.innalongtheway.org</a>.

If you would like to make a suggestion about content for an upcoming newsletter or have a comment you'd like to share, you can contact us at: <a href="mailto:info@innalongtheway.org">info@innalongtheway.org</a>.

We look forward to hearing from you.

Respectfully, MaryAnn Look