



## FIELD NOTES FROM THE FARM JUNE 2023

The Sun challenges us to Shine, the Clouds remind us to Move,  
The Birds tell us we too can Fly and the Sky tell us that  
there is no limit to our Dreams and Goals

### WELCOME JUNE!

#### PILLOWCASE ANGELS!



There is a group of local seamstresses who are blessing the Inn with homemade pillowcases! They are made both for the beds and to be given away! There are so many thoughtful people in our community! Thank you, Angels!!

#### WE'VE GOT NEW GUTTERS!

If you happen to visit the Inn on a rainy day, you might notice that the water coming off the roof is being caught in the gutters and diverted to the downspout. This will make a big difference this winter when snow melts off the roof causing a slippery condition. Thank you, Phillip.

#### "CLIPBOARD" CHORES

The clipboard with the list of things that need to be done around the farm will be regularly updated and available all summer – for information about anything on the clipboard, call 207-682-0118.

#### DO YOU LIKE TO COOK?

##### A NOTE FROM OUR VOLUNTEER COMMITTEE

With the start of the summer season, we have a busy time ahead of us! We will be hosting several groups as well as many functions of our own. We are looking for donations of baked goods and prepared food (i.e. soup, bread, desserts etc.) for these upcoming events.

If you are making a food donation, please remember to include on the packaging:

1. Name of food item
2. List of all ingredients
3. The date you made the item

If you wish to have the container returned to you, please make certain that the dish is labeled with your name. All donations can be dropped off at Inn Along the Way. Sherry is typically at the farm most weekdays between 10:00-2:00. Please call ahead to make sure someone will be there. Thank you!

## MEMORIAL GARDENS AND QUIET HOUSE

We have received a donation earmarked for the creation of our Memorial Gardens and Quiet House and a volunteer by the name of Sofia, has developed a plan for the area. Check out the vision board on the next page! It's going to be beautiful!!

## HAVE YOU NOTICED...?

We have a new 'sandwich board' in front of the Inn and we want to thank Bill for making it easier for Sherry to update and move it – great job! And...our gardeners have already started adding produce to our cute yellow cart! We truly appreciate the volunteers who help make IAW better each day!

## ARTIST IN RESIDENCE

We are looking forward to our FIRST Artist in Residence! From August 21<sup>st</sup> to the 28<sup>th</sup>, we will be hosting our first artist – Tina has family in Sweden and will display her art, hold art classes and conduct a talk on “All Things Swedish.”



## THANK YOU TO BANGOR SAVINGS BANK

We reported that Inn Along the Way placed second in Bangor Savings Bank's (BSB) “Community Matters More” program. Recently, we received the award for placing second. Thank you to all who voted and to BSB for their donation!

## WAYS OF GIVING

If you would like to make a financial donation, there are numerous ways to accomplish that. All gifts – large and small – make a difference.

For more information, go to:

[www.innalongtheway.org/contribute](http://www.innalongtheway.org/contribute)

We are continuing to host grief and caregivers support groups. For more information or to sign up, call Sherry, at 207-751-6261, or contact us at [info@innalongtheway.org](mailto:info@innalongtheway.org).

For more information please check out our website: [www.innalongtheway.org](http://www.innalongtheway.org).

## HERE'S WHAT'S HAPPENING AROUND IAW:

### ◇ LUNCHES WITH THE BUNCHES...

Wednesdays from 11:30 to 1

### ◇ CIRCLE OF CARE...

Every other Monday (June 5 & 19) – from 1:30 to 2:30

### ◇ GRIEF & RESILIENCE...

Every other Wednesday (June 14 & 28) – from 10:30 to 11:30

### ◇ BECOMING MORTAL...

Every other Wednesday (June 7 & 21) from 1:30 to 3:30

### ◇ SINGING CIRCLE...

Thursdays (June 8 & 22) from 1:30 to 3

### ◇ PLANT SALE...

Saturday, June 10 from 8:30 to 11:30 sponsored by Olde Bristol Garden Club

### ◇ OPEN MIC...

~~Saturday, June 3 from 1:30 to 4:30 – SORRY, THIS IS BEING CANCELLED DUE TO WEATHER – KEEP AN EYE OUT FOR A RESCHEDULE~~

### ◇ BARNYARD SALE...

Saturday, June 24 & August 5 from 8 to 2

[NOTE: SEE DONATION LIST BELOW](#)

### ◇ CONVERSATION CIRCLE...

Sunday, June 25 from 3:00 to 4:30 – “Living in Unprecedented Times”

### ◇ BIRD WALK WITH DR. KRESS...

Tuesday, June 27 at 7 AM - Our annual walk

### ◇ VOLUNTEER APPRECIATION BRUNCH...

August 26 from 10 to 1

Things DO change, so we encourage you to check our website for more information including dates and times of additional activities at Inn Along the Way. Go to: [www.innalongtheway.org/](http://www.innalongtheway.org/), then click on “UPDATES,” then select “Calendar.”

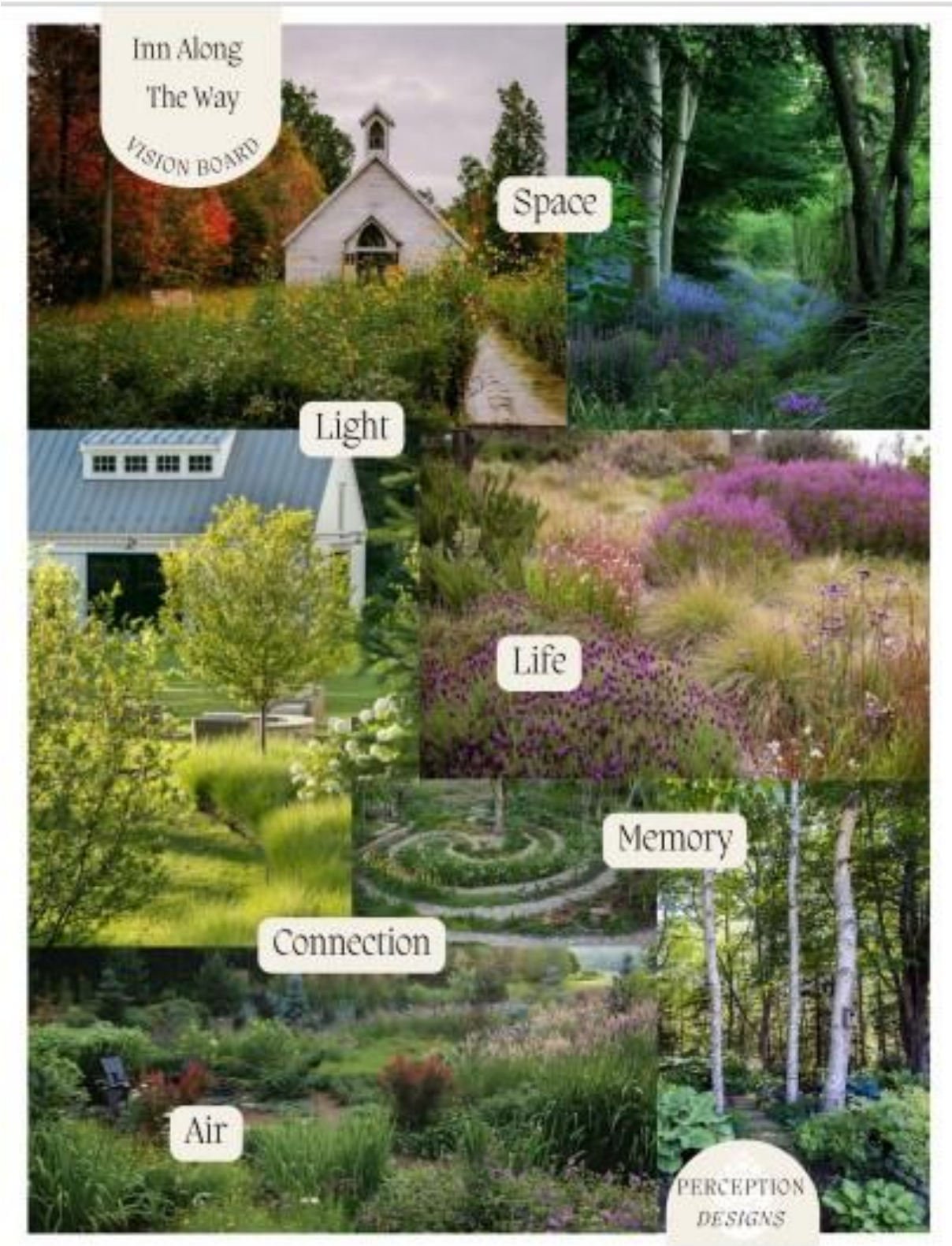
As always, everyone is invited to join in and participate in any or all of the activities here!

Comments and suggestions can be sent to: [info@innalongtheway.org](mailto:info@innalongtheway.org).

We look forward to hearing from you.

Respectfully,  
MaryAnn Look





# DONATION LIST FOR BARNYARD SALE

## Accepting

- 👍 Furniture
- 👍 Dishes
- 👍 Housewares
- 👍 Small Working Appliances
- 👍 Home Decorating
- 👍 Area Rugs
- 👍 Lights
- 👍 Art
- 👍 Jewelry
- 👍 Pet Items
  - Furry & Feathers
- 👍 Towels
- 👍 Children Items
  - No Car Seats
- 👍 Sports Items
  - Exercise Bikes
- 👍 Tools and Hand Tools
- 👍 Marine Items
- 👍 Garden Items

## Not Accepting

- 👎 Books
- 👎 CD & DVD's
- 👎 Clothing
- 👎 Electronics
- 👎 Computers & Printers
- 👎 Treadmills & Ellipticals
- 👎 Rowing Machines
- 👎 Mattresses and Box Springs
- 👎 Bedding
- 👎 Medical Devices
- 👎 Large Appliances
- 👎 Baby Car Seats

Places that accept some or all of these:

- ✓ Skidomphia Used Book Store
- ✓ Miles Rummage
- ✓ Goodwill
- ✓ Staples (computers & printers)

Thank You For Your Generous Donations